

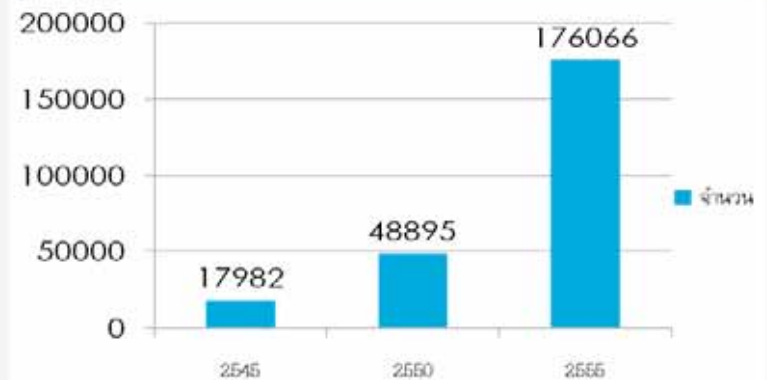
Health Services for Youth and Management Program for Substance Abuse in Youth by Phetchabun Hospital



Start point



จำนวนผู้เข้ารับการบำบัดฟื้นฟูสมรรถภาพผู้ติดยาเสพติดที่อายุต่ำกว่า 18 ปี
ปี 2555



แหล่งที่มา : ศาลเยาวชนและครอบครัว ปี 2556



Youth = Our future!



Puberty is a period in which rapid physical growth, hormone production, psychological and social changes occur.



Service + Community resource



New service delivery

Individual & Family curative care

Promotion & Prevention program

Public policy and community project

Steps of Learning

Step 1 Initial phase: 3 fundamental steps of learning

Step 2: Learning phase: Rehab and Refer

Step 3: Working phase: School-based integrated pathway to care

Initial phase



**Networks:
internet café,
snooker club,
bar**



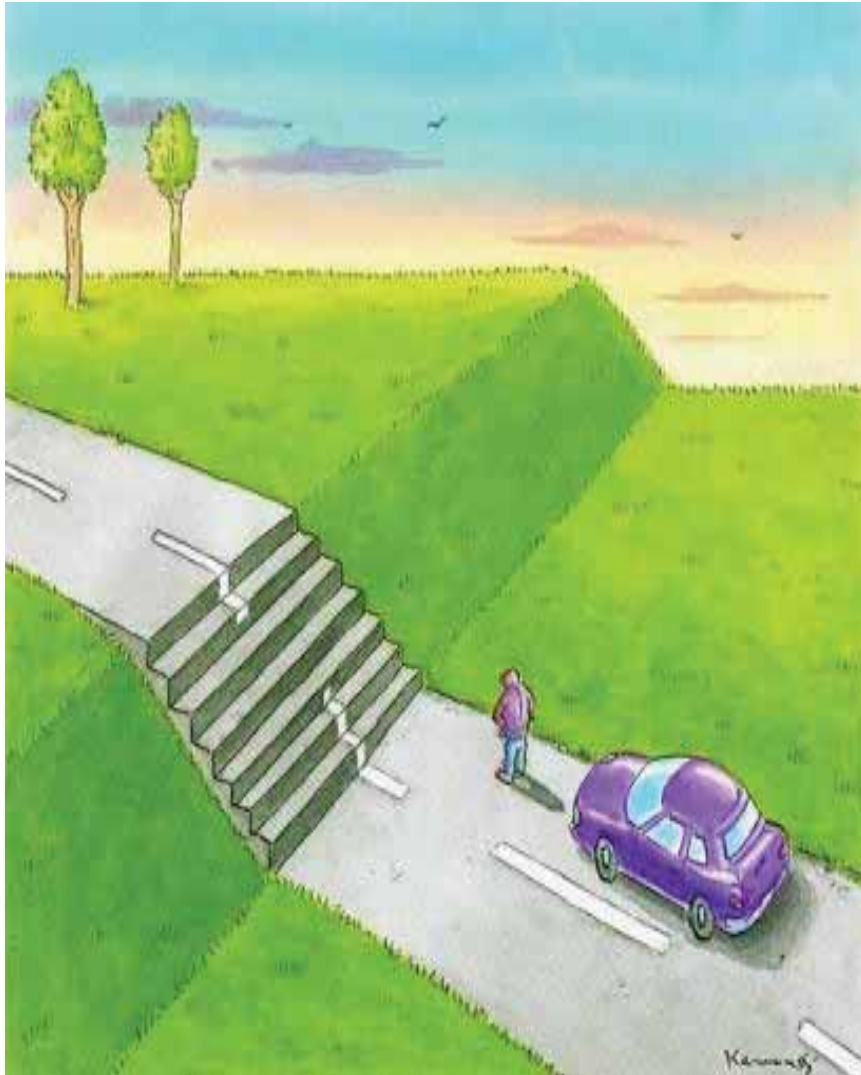
**Mobile team
investigates high
risk places**



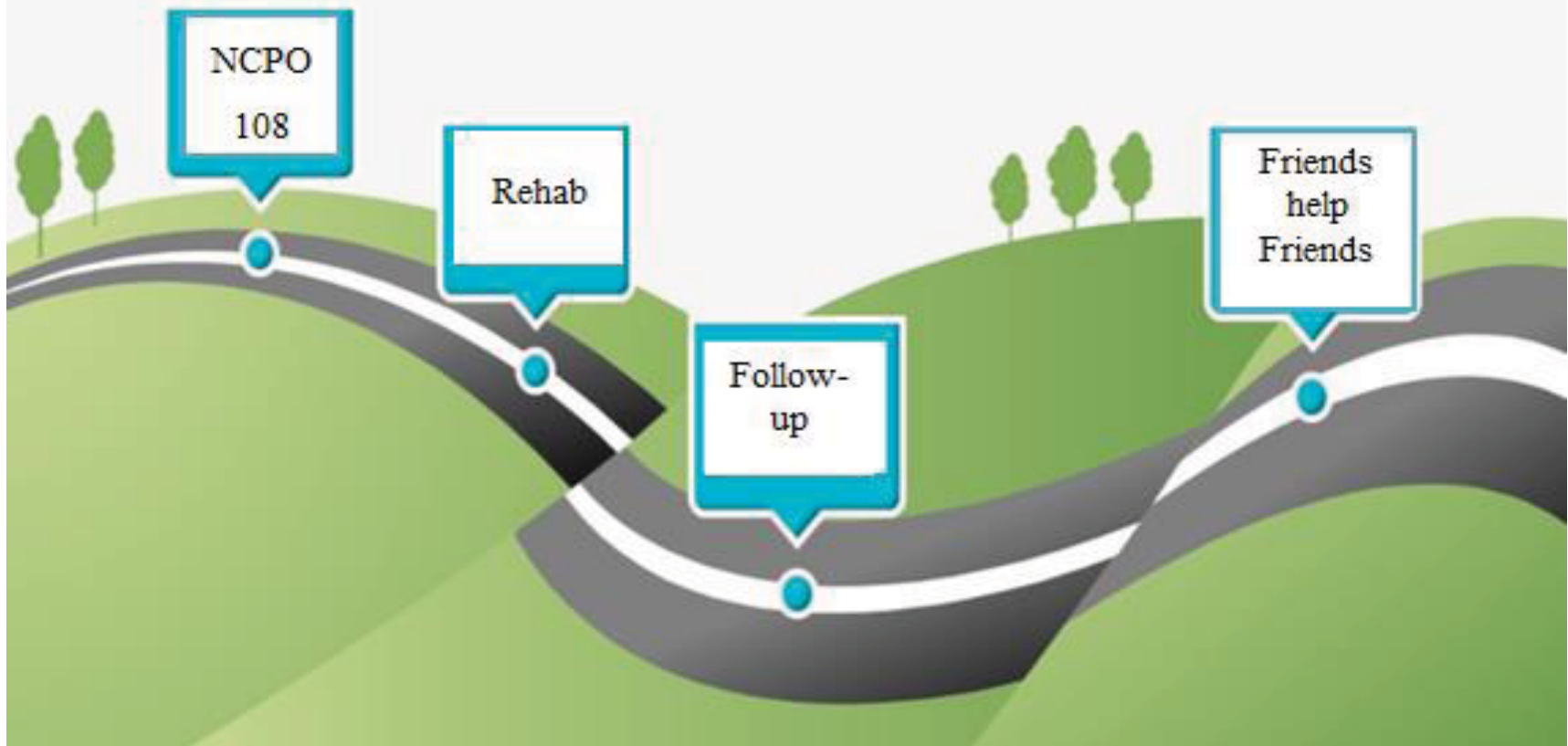
**Case finding and
treatment process**

2 years with 3 fundamental steps of learning providing opportunity for learning

Old approach



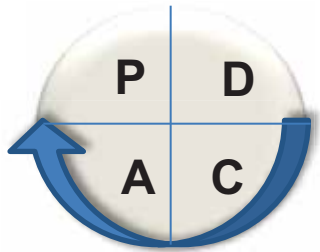
Learning phase



Events

Substance abuse in the internet cafes
Substance abuse in schools

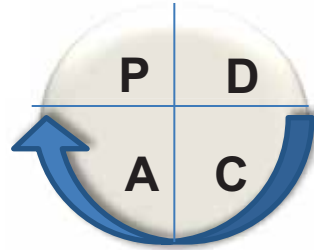
1st Round



School-base model:
treatment and refer

Absence for appointment and found more risk groups

2nd Round

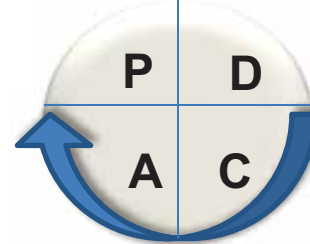


Friends help Friends

- Guideline
- Monitoring strategies

Mobile team has found repeated events of substance abuse in students

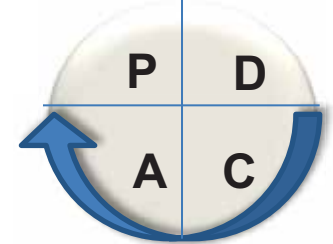
3rd Round



Screening measure to find out high risk group

Police catch substance abusers

4th Round



Proactive measure in school

School calendar with preventive measures

Outcomes

Screening in Schools



Integration: screening in schools

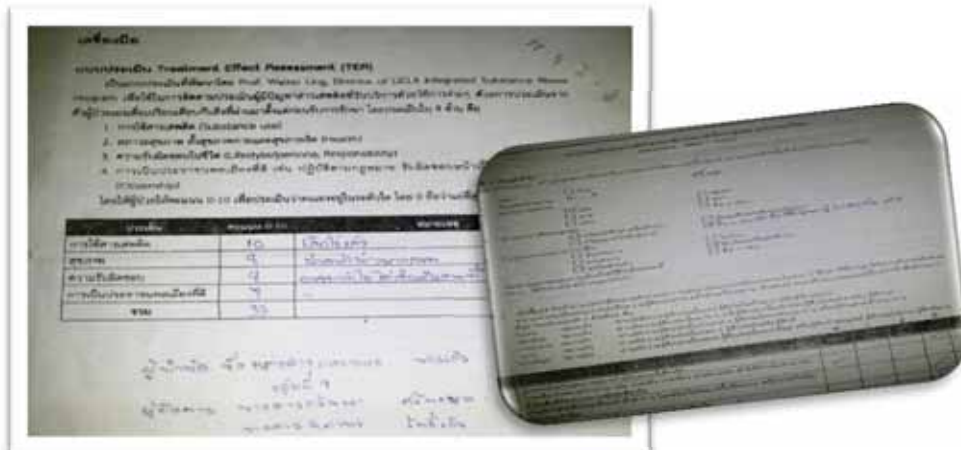




Teachers, Physicians, Policemen, Soldiers, and Administrative Officers



Substance abuse screening: Assessment Form V2

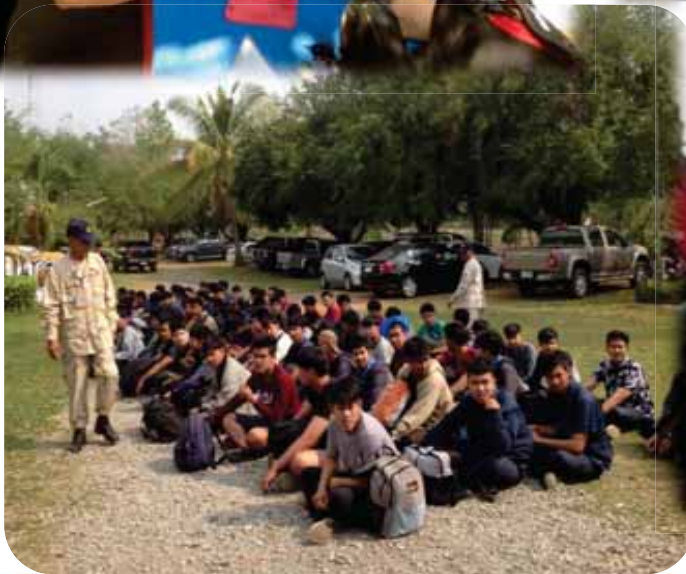


**Use screening
and referral form for patient
with substance use**

Open up and listen with heart



Treatment (therapy and rehabilitation)





Friends help Friends Group



Monitoring: Behaviors, physical condition, urine test



Teachers participated in monitoring process



Follow-up after therapy and rehab camp



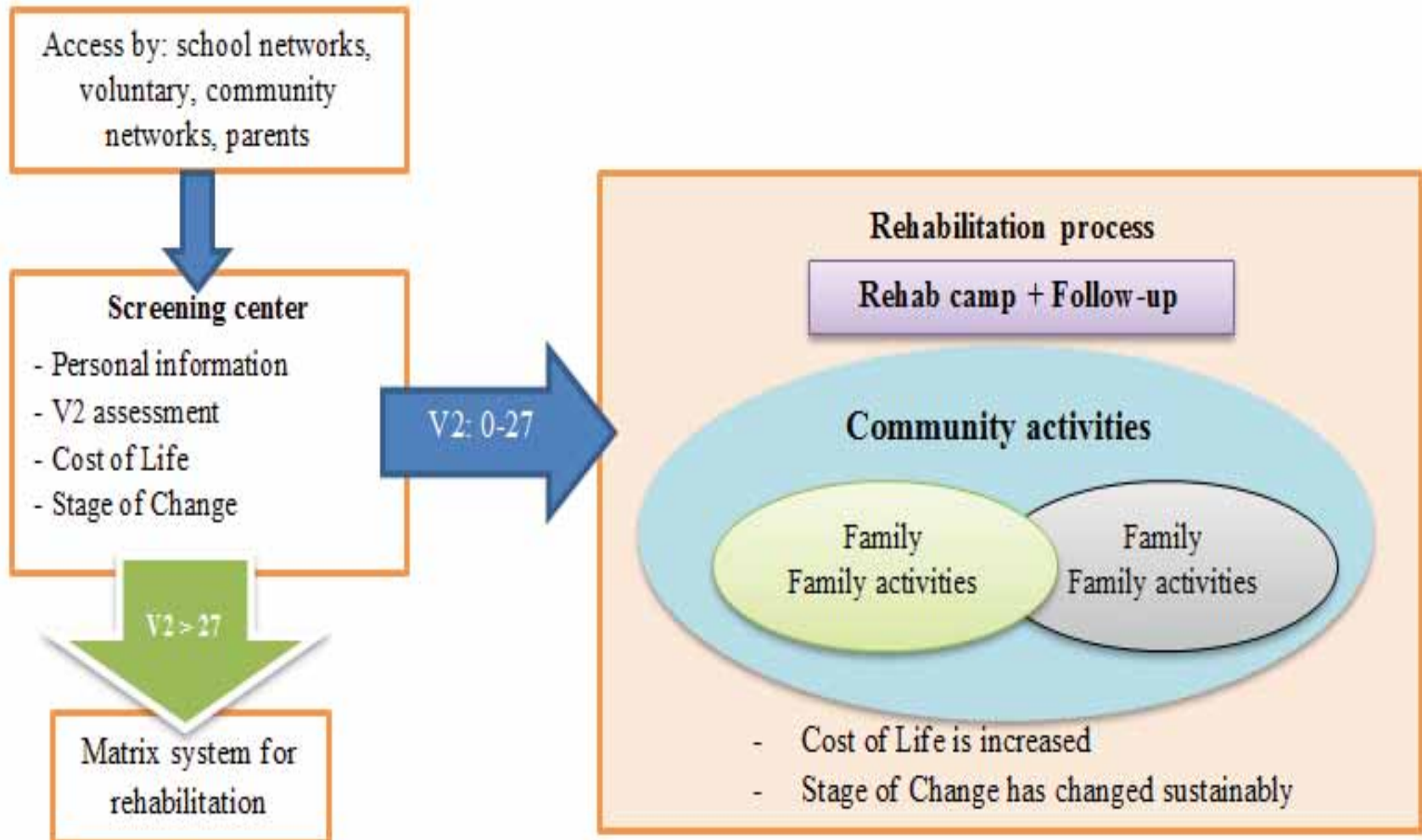
Physical activities
to measure
physical condition

Home visit for complicated cases and repeating drug use group





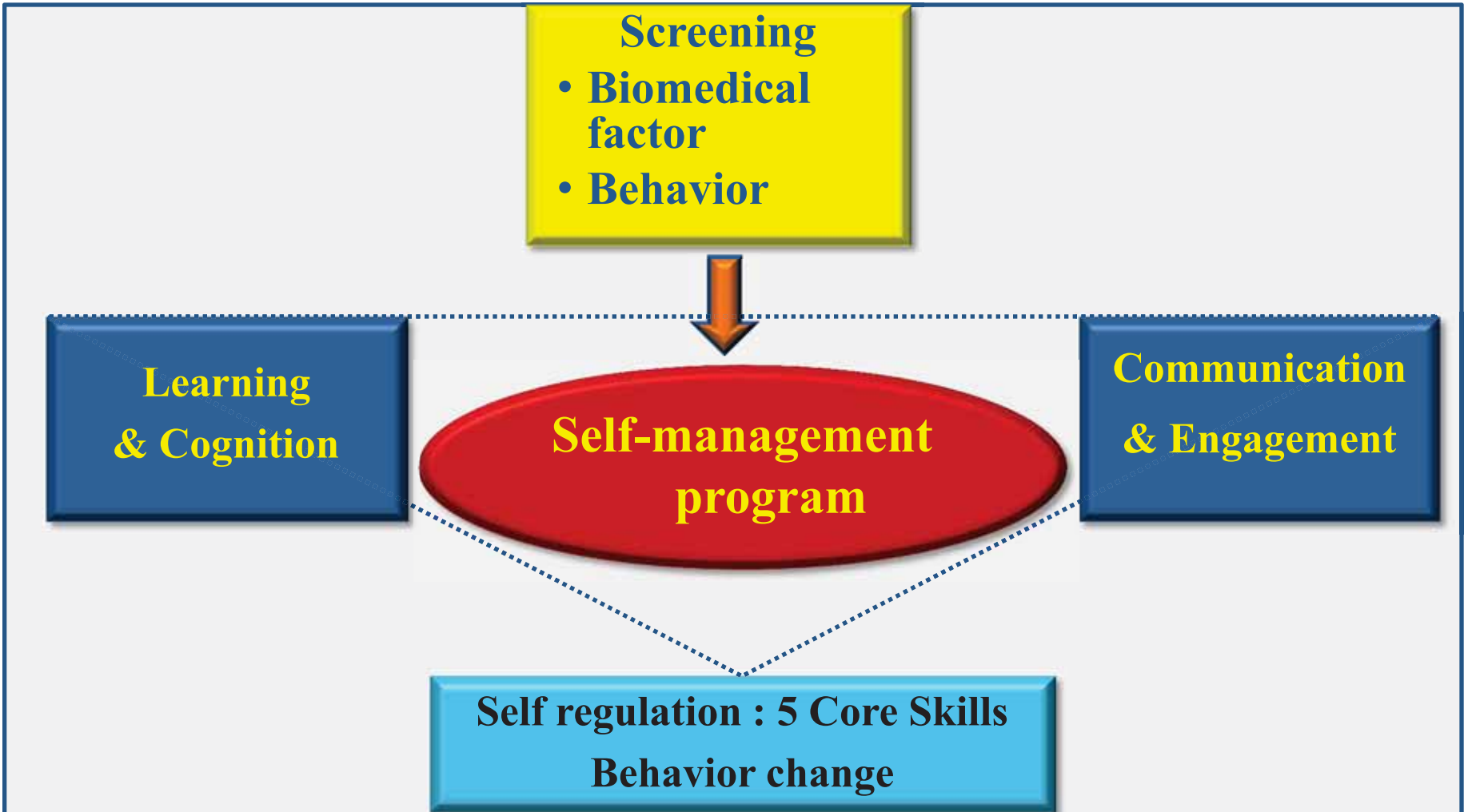
Service model for youth in school



Stakeholders, roles, and activities

Stakeholders	Roles	Activities
Health care team	Providing treatment	Screening, therapy, rehab, follow-up
Teachers from Principal's Office	Control and regulate	Behavior assessment, scoring, punishment
Advisory teachers	Advice and look after	Advice and monitor
Parents	Aliment	Observe
Community	Look after	Observe
Police and Soldier	Law and enforcement	Catch substance abuse
Administrative officers	Regulator	Behavior control
Department of justice	Judgement	Judgement and probation

Conceptual framework



Outcomes

No	Outcomes	
1	Percentage of repeated abuse (follow-up within 12 months) ▶ Repeated abuse within 3 months ▶ Repeated abuse within 6 months	17.87 16.98 1.89
2	Cost of Life	Better in all aspects
3	Stage of change	Better

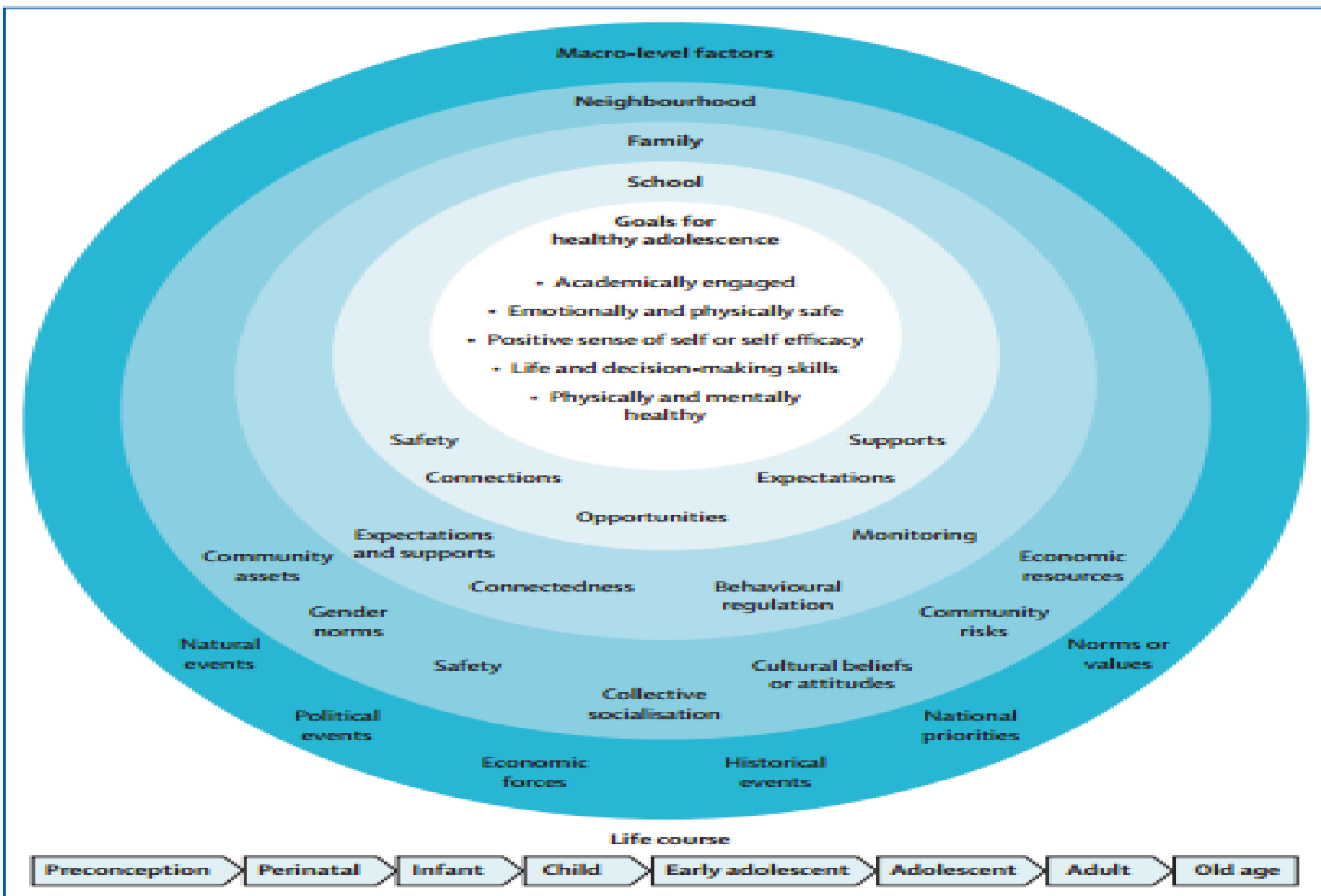
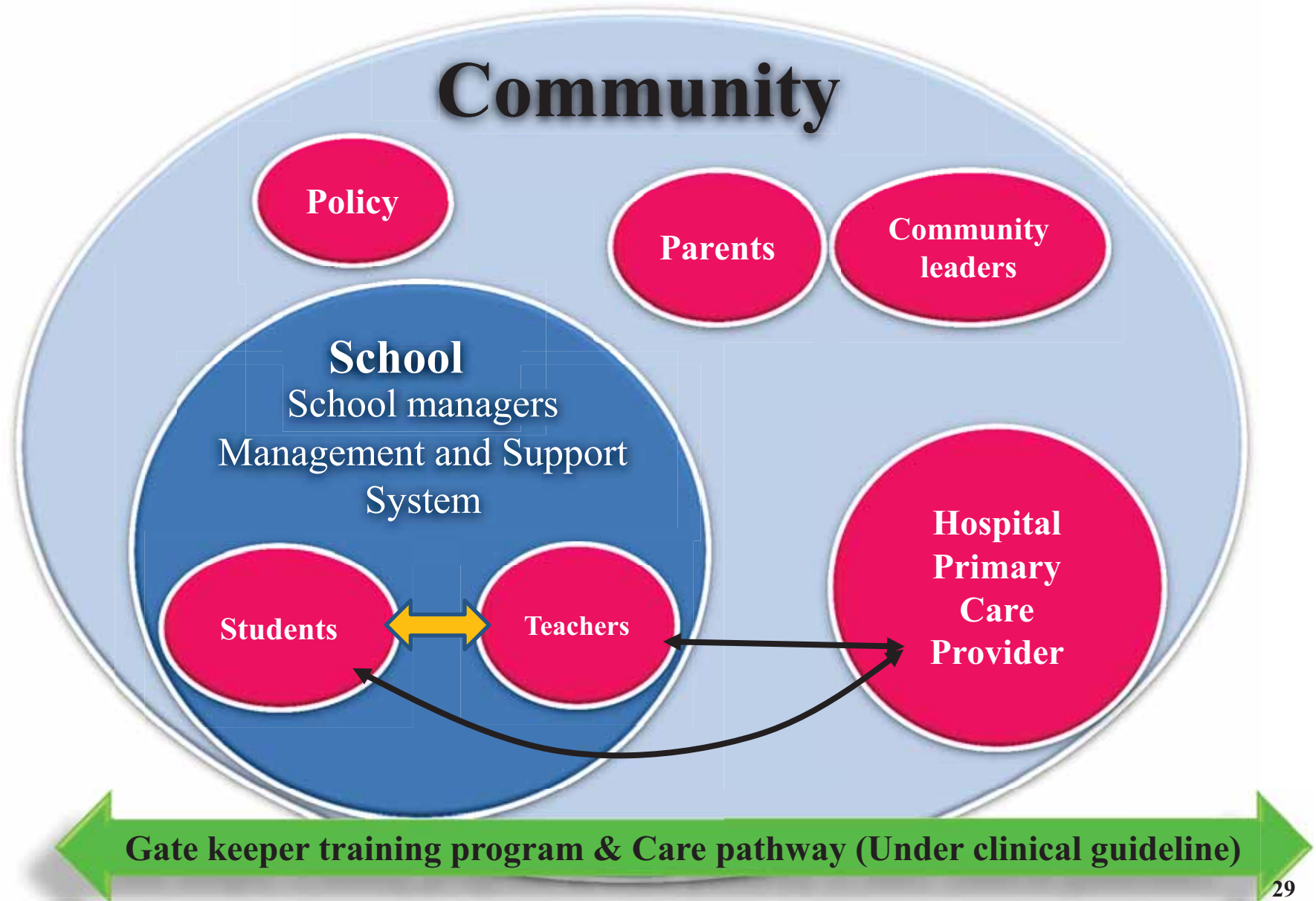
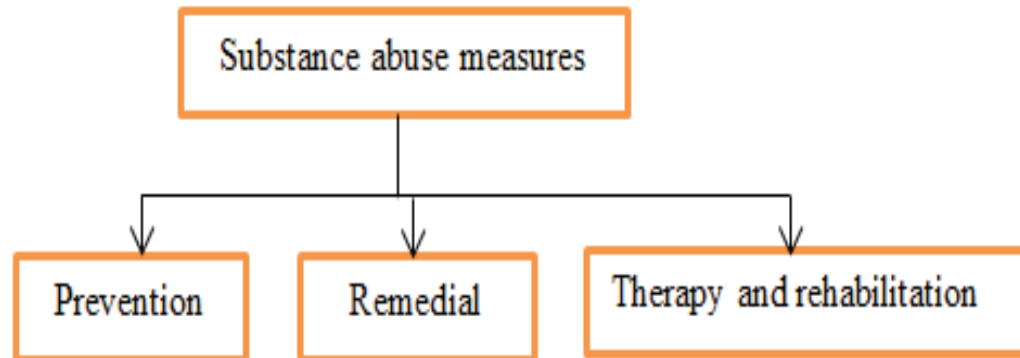


Figure: An ecological framework for adolescent health

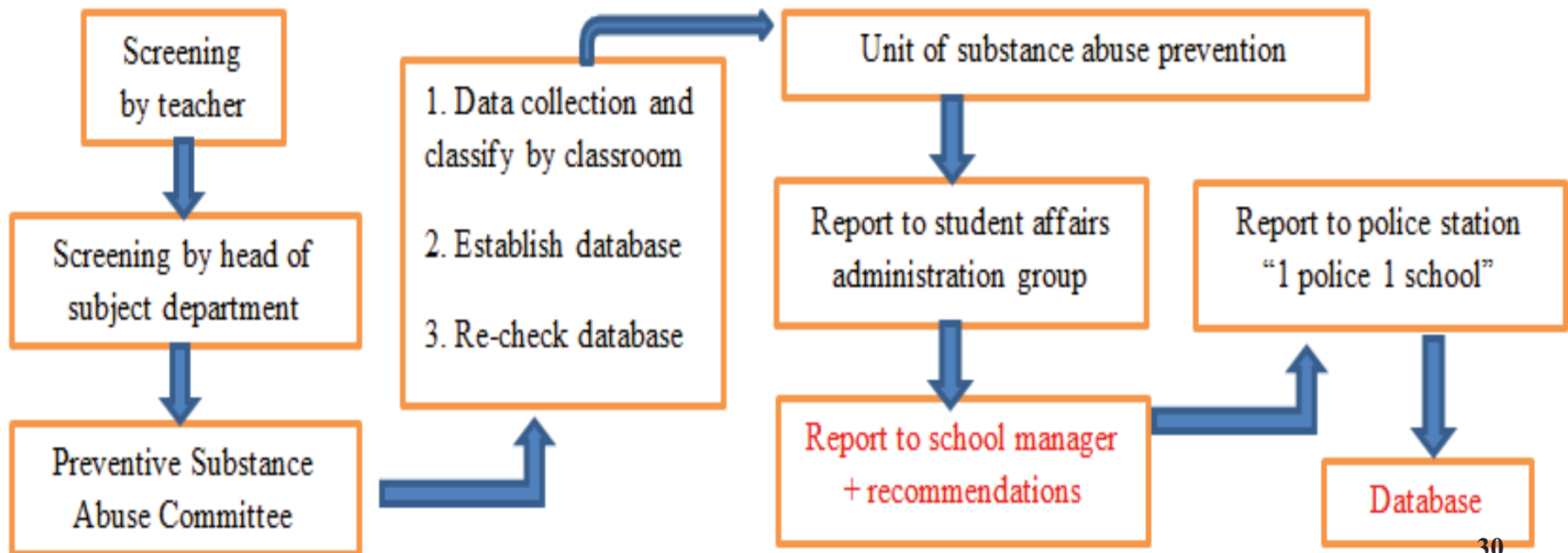
School-based Integrated Pathway to Care model



Substance abuse prevention program



Management system in a classroom level



Students are classified into:

1. Risk group
2. Risk group with surveillance
3. Risk group with close surveillance
4. Risk group with monitoring
5. Risk group with close monitoring



Expanding networks in school under the “1 police 1 school” policy



Care pathway

Conditions

- Schools
- Parents
- Community
- Police
- District administrative officer
- Health care team

Intervention

Screening & open up & primary rehab & commitment

No comping program

Continuous follow-up
Brief Intervention program

9 days 8 nights camping program

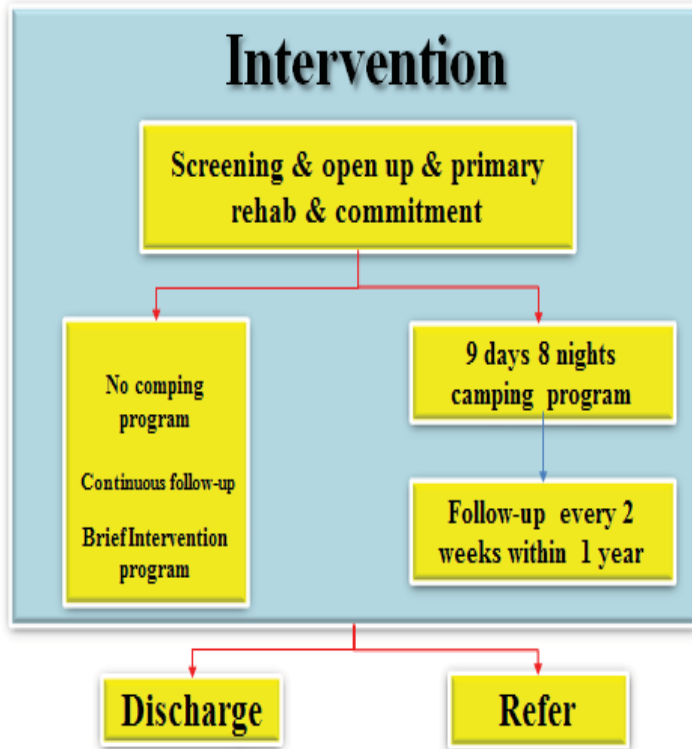
Follow-up every 2 weeks within 1 year

Discharge

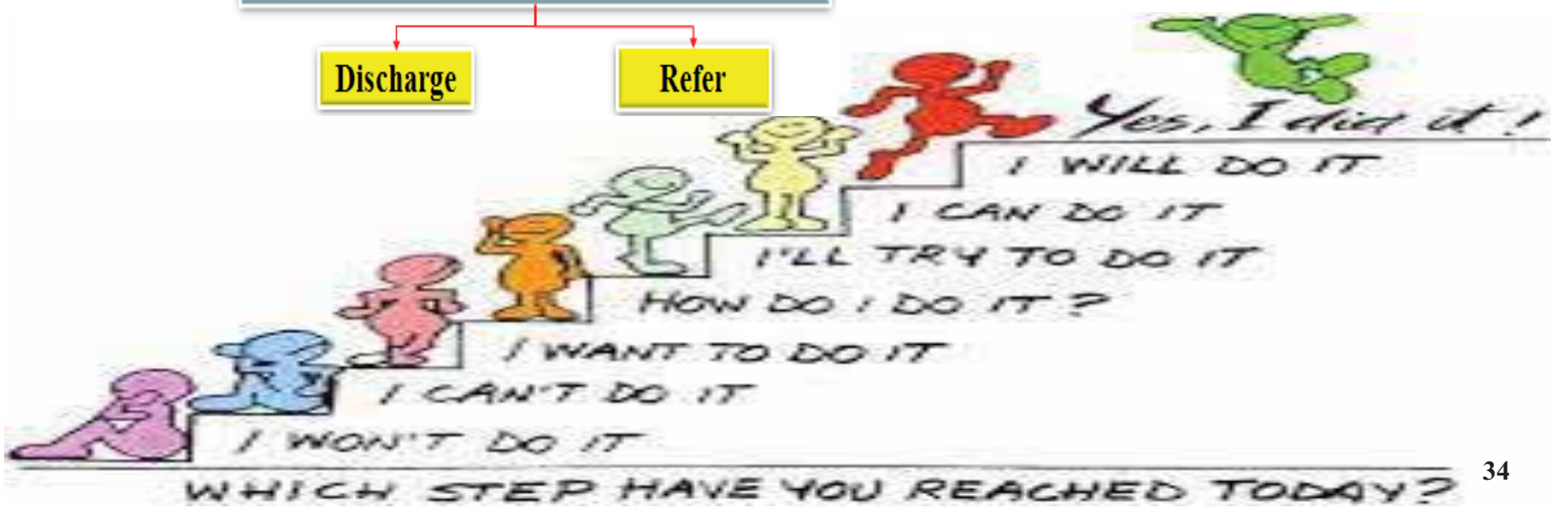
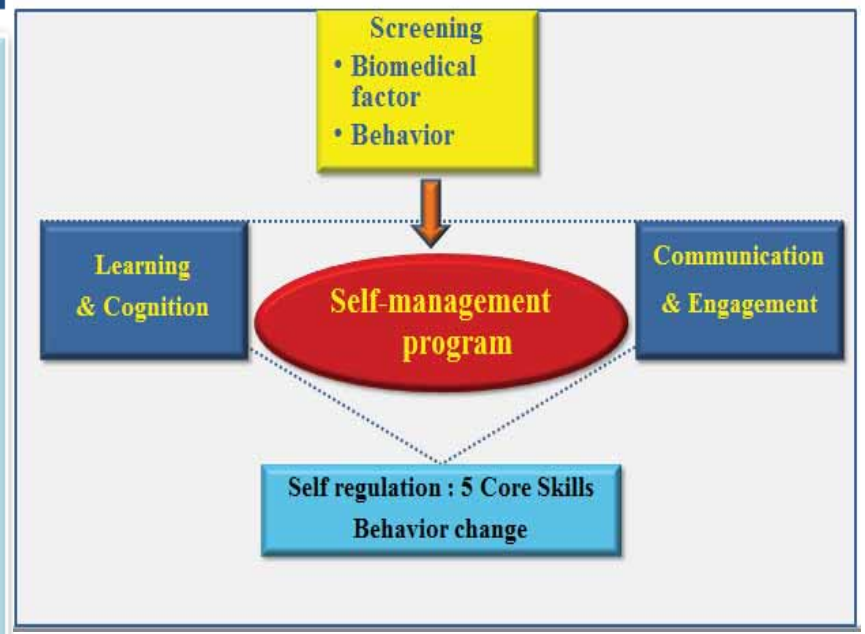
Refer

Care pathway

- Conditions**
- Schools
 - Parents
 - Community
 - Police
 - District administrative officer
 - Health care team



Conceptual framework



Work with family





Pride





Community capacity-based



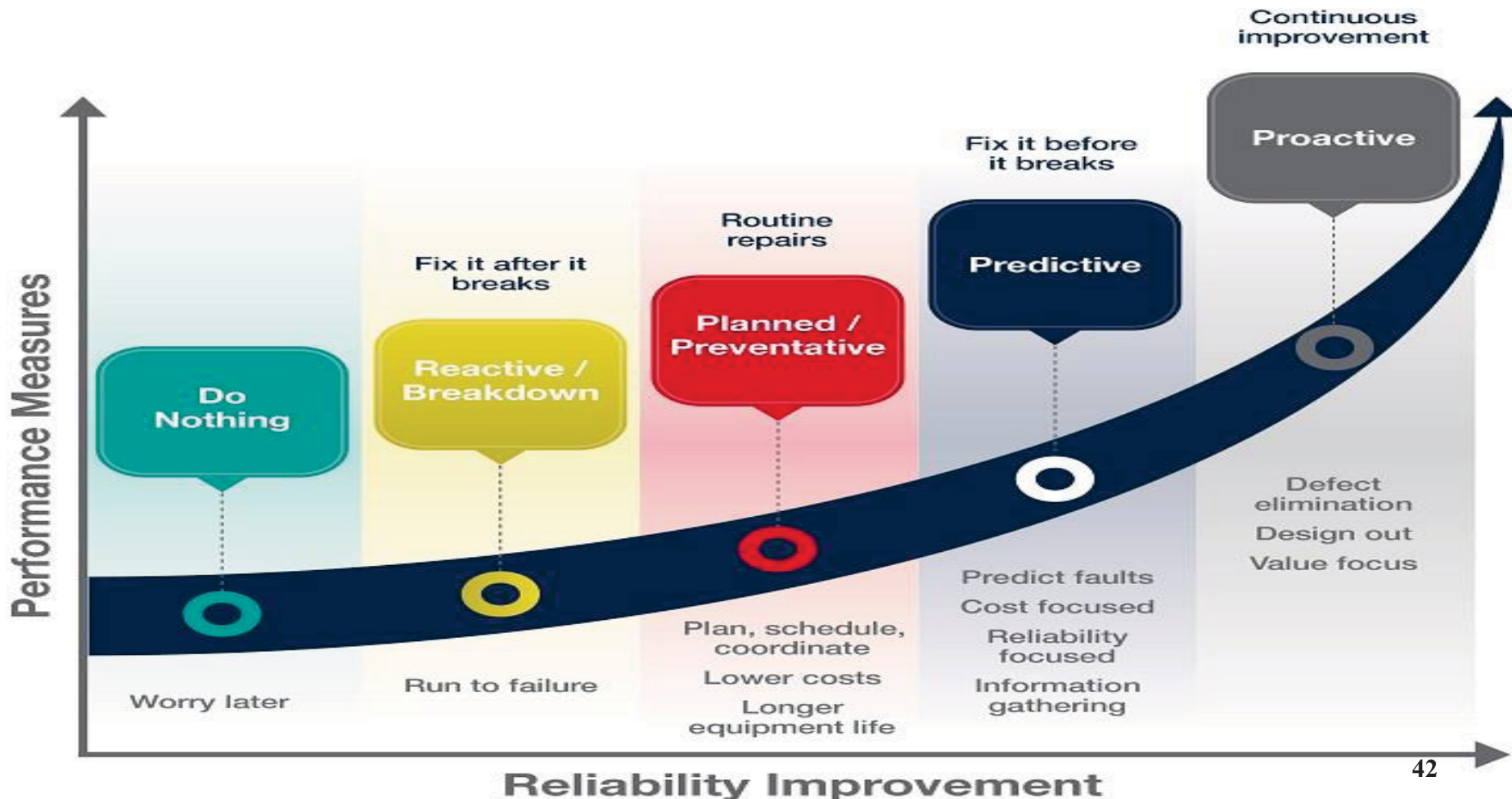


Continuity of Development

Reliability Organization

Adaptive Process : Increase Trust & Accountability

High performance safety culture survey maintenance with all systems



Factors that Affect Health

Smallest
Impact

Counseling
& Education

Clinical
Interventions

Long-lasting
Protective Interventions

Changing the Context
*to make individuals' default
decisions healthy*

Socioeconomic Factors

Largest
Impact

Examples

Eat healthy, be
physically active

Rx for high blood
pressure, high
cholesterol, diabetes

Immunizations, brief
intervention, cessation
treatment, colonoscopy

Fluoridation, 0g trans fat,
folic acid fortification,
iodization, smoke-free
laws, tobacco tax

Poverty, education,
housing, inequality

What's next?



Expansion



Effective brain function(EF)



